



**LYMINGTON RIVER SCOW
NATIONAL CHAMPIONSHIP 2016**

SAILING INSTRUCTIONS

Registration from 10:00 am Saturday 9th July

Briefing for Competitors 12:00 Saturday KYC Clubhouse

High Water Hurst Point - Sat 9th July 15:30 2.6m, Sun 10th July 16:20 2.5m

1 Rules

- 1.1 The Notice of Race and these Sailing Instructions form part of the *rules* that shall apply.
- 1.2 The championship will be governed by the *rules* as defined in *The Racing Rules of Sailing* (RRS).
- 1.3 Add to RRS 32.1: '(f) for any reason considered appropriate by the race committee.'
- 1.4 RR40 (Personal Flotation Devices) shall apply at all times when afloat without the need for flag 'Y' to be displayed.
- 1.5 Boats in Keyhaven Harbour while racing, proceeding to a race, or returning from a race, shall not cause Hurst Castle ferries to take avoiding action. Any boat so doing may commit a gross breach of a rule and/or be held to bring the sport into disrepute for the purposes of RR69.

2 Safety Regulations

- 2.1 Competitors shall wear adequate personal flotation devices (PFDs) at all times while afloat, except briefly while changing or adjusting clothing or personal equipment. PFDs shall have a minimum buoyancy level of 50N. Wet suits and dry suits are not PFDs.
- 2.2 Boats shall sign on before racing, on the sheet placed by the course board in front of the Clubhouse and shall sign off on return to the shore before the protest time limit.
- 2.3 When the race committee considers that a boat, its equipment or crew are not adequate for the existing or anticipated conditions, or that the boat is in difficulty, it may instruct the boat not to launch, or to accept outside help, retire or sail ashore. The boat shall comply with such instruction without delay.
- 2.4 A boat that leaves the racing area before finishing the last race of the day shall notify the race committee as soon as reasonably possible.
- 2.5 The penalty for a breach of these safety regulations may be 5 points applied without a hearing. This changes RRS A5.



3 Communications with Competitors

- 3.1 Notices to competitors will be posted on the official notice board located in front of the Clubhouse.
- 3.2 Any change to the sailing instructions will be posted no later than 90 minutes before the start of the race or races concerned. IC flag 'L' will be displayed on the club flag mast to indicate a change to sailing instructions.
- 3.3 Signals made ashore will be displayed from flagstaff at the KYC.
- 3.4 Boats shall not launch until after AP is lowered and instructed by the beach master. This changes RRS Race Signals.
- 3.5 There will be race briefings on Saturday at 12:00 and on Sunday at 12:00 at the KYC.

4 Schedule of Races

- 4.1 5 races are scheduled, with a maximum of 3 on each day.
- 4.2 The classes, class flags and scheduled time for the warning signal for the first race each day are:

Class	Class Flag	First Warning Sat 9th	First Warning Sun 10th
Single Handed	Flag 'W'	13:55	14:25
Double Handed	Flag 'T'	14:00	14:30
Junior	Flag 'D'	14:05	14:35

- 4.3 Subsequent races will be started as soon as reasonably possible after completion of the previous race.
- 4.4 After a long postponement, or to alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least 4 minutes before a warning signal is made.
- 4.5 On Sunday no warning signal will be made after 16:00.
- 4.6 The racing area will be off Hawkens Lake.

5 Courses & Marks

- 5.1 The courses and marks are described in the attachment.
- 5.2 The starting and finishing line will be between the course side of the mast on the committee boat displaying the KYC burgee and the outer distance mark.



6 Penalty System

6.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

6.2 Exoneration Penalty

A boat that may have broken a rule of Part 2 of the Racing Rules of Sailing or rule 31 may, after finishing the race concerned and before the start of any related protest hearing, notify the race committee that she accepts an Exoneration penalty (XPA) – 20% scoring penalty in accordance with rule 44.3(c), except that the minimum penalty is three places, but she shall not be scored worse than the number of boats that came to the starting area. However, if the boat caused injury or serious damage or, despite taking a penalty, gained a significant advantage in the race or series by her breach her penalty shall be to retire.

When an Exoneration Penalty is accepted:

- (i) Neither the boat nor a protest committee may then revoke or remove the penalty.
- (ii) The boat shall not be penalized further in a protest hearing when the protest committee decides that it was appropriate to the facts found and the applicable rules.

7 Time Limit & Shortening the Course

7.1 The target time for the first boat to finish is 40 minutes. Failure to meet the target time shall not be grounds for redress. This changes RRS 62.1(a). If no boat reaches the windward mark on the first lap within 20 minutes the race may be abandoned and re-run. Boats continuing to race 20 minutes after the first boat sails the course and finishes will be scored without a hearing either

- a) In accordance with their place at the last mark or completed round at which the race committee recorded places, or
- b) Points for the finishing place one more than the last boat to finish within that time. This changes RRS 35, A4 and A5.

7.2 RRS 32 is changed. If a race is shortened by the display of flags S over N over a class flag with two sounds after at least one round of a multi-round course has been completed by all boats of that class, the order in which boats completed the last full round shall determine the finishing places of that class.

8 Protests & Requests for Redress

8.1 Protests and requests for redress shall be lodged with the race office as soon as possible after racing, but no later than 60 minutes after the last boat in the last race of the day finishes.

8.2 Notification of parties to a protest will be by posting the time and place of the hearing on the Official Notice Board.



8.3 The Advisory Hearing and RYA Arbitration of the RYA Rules Disputes procedures will be available (for information on the procedures go to www.rya.org.uk/go/rulesdisputes). Decisions from RYA Arbitration can be referred to a protest committee but cannot be reopened or appealed.

8.4 Penalties for breaches of a rule, other than a rule of RRS Parts 1 and 2, are at the discretion of the protest committee.

9 Scoring

9.1 One race is required to be completed to constitute a series.

9.2 One score will be excluded if 5 races are completed.

9.3 'Masters' will be identified by a 'M' and 'Newcomers' by a 'N'.

10 Replacement of Crew or Equipment

10.1 Substitution of competitors or equipment requires written submission to the Race Committee for approval.

11 Equipment and Measurement Checks

11.1 All Boats must have valid measurement and buoyancy test certificates which shall be produced at registration.

11.2 Boats and equipment may be inspected at any time for compliance with class rules.

12 Risk Statement

12.1 Rule 4 of the Racing Rules of Sailing states: 'The responsibility for a boat's decision to participate in a race or to continue racing is the skipper's alone.'

12.2 Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g) The fact that the race committee conducts inspections, or not, of a boat does not reduce the responsibilities of each competitor set out in the Notice of Race.



13 Advertising

13.1 LRSCA Class rule 10 prohibits advertising selected by the competitor on the boat

13.2 KYC does not require any competitor to display advertising.



Attachment

Description of Courses & Marks

Courses will be triangular

The number of laps will be displayed on the side of the committee boat

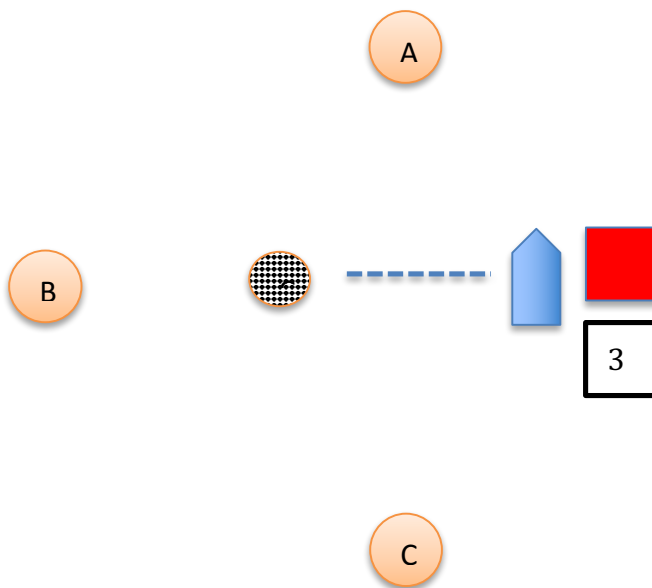
The direction of rounding will be displayed on the side of the committee boat

All boats must pass through the start/finish line (Gate) at the end of every lap

ODM is black and white checkered, there is no IDM

The order of mark rounding is as follows:

Mark	Mark	Mark
A (black flag)	B (Yellow flag)	C (Orange flag)



Coloured board (red/green) displayed on side of the committee boat will denote direction of mark rounding

White board with black numerals on side of the committee boat will denote number of laps